

TONIK \$5,000 Deductible

TONIK is a preferred provider organization (PPO) plan.

COST SHARE PROVISIONS	In-Network Member pays:	Out-of-Network Member pays:
Calendar Year Deductible	\$5,000	
Coinsurance	N/A	50% after deductible
Cost Share Maximum	\$5,000 per calendar year	\$10,000 per calendar year
Lifetime Maximum	Unlimited	
MEDICAL CARE	In-Network: After Calendar Year Deductible Member pays:	Out-of-Network: After Calendar Year Deductible Member pays:
Preventive and Medical Office visits – including vision and hearing Medical Office visits – including vision and hearing exams and allergy visits <i>Subsequent visits</i> ** Note: Deductible is waived for the combined total of the first 4 preventive, medical and/or mental health and substance abuse visits in a Calendar Year	\$20 Copayment (deductible waived) \$0	50% 50%
Preventive	No cost to member	50%
Maternity care	Not Covered	Not Covered
Diagnostic Lab, X-ray and Testing	\$0	50%
High-Cost Outpatient Diagnostic xrays – prior authorization required	\$0	50%
HOSPITAL CARE – Prior authorization required		
Semi-private room (General/Medical/Surgical)	\$0	50%
Inpatient Mental Health & Substance Abuse	\$0	50%
Skilled nursing facility – up to 100 days per calendar year	\$0	50%
Rehabilitative services – up to 100 days per person per calendar year	\$0	50%
Outpatient surgery – in a hospital or surgi-center	\$0	50%
EMERGENCY CARE		
Urgent care – at participating centers only	\$50 (deductible waived)	Not Covered
Emergency care – copayment waived if admitted	\$100 Copayment (deductible waived)	\$100 Copayment (deductible waived)
Ambulance	\$0	50%
MENTAL HEALTH AND SUBSTANCE ABUSE		
Inpatient Services	\$0	50%
Professional Services Visits 1-4** <i>Subsequent visits</i> ** Note: Deductible is waived for the combined total of the first 4 preventive, medical and/or mental health and substance abuse visits in a Calendar Year	\$20 Copayment (deductible waived) \$0	50% 50%

	In-Network: After Calendar Year Deductible Member pays:	Out-of-Network: After Calendar Year Deductible Member pays:*
OTHER HEALTH CARE		
Outpatient rehabilitative services – up to 35 visits combined maximum for PT, OT, ST and Chiro per calendar year	\$0	50%
Durable medical equipment / Prosthetic Devices <i>Unlimited maximum per calendar year</i>	\$0	50%
Diabetic equipment, drugs and supplies purchased at a Pharmacy that is not a Durable Medical Equipment supplier	Not Applicable	50%
Infertility Services - <i>prior authorization required</i>	\$0	50%
Home Health Care – up to 80 visits per member per calendar year	\$0	\$50 Deductible & 20% Coinsurance
PRESCRIPTION DRUGS		
Purchased at a participating retail pharmacy – 30 day supply <i>Tier 1 - Generic prescription drugs Tier 2 - Listed brand prescription drugs Tier 3 - Non-listed brand prescription drugs</i>	\$10 Copayment \$25 Copayment \$40 Copayment	20%
Purchased by mail order – 90 day supply <i>Tier 1 – Generic prescription drugs Tier 2 – Listed brand prescription drugs Tier 3 – Non-listed brand prescription drugs</i>	\$20 Copayment \$50 Copayment \$80 Copayment	20%
After \$50 calendar year deductible Member pays:*		
DENTAL SERVICES - \$500 calendar year maximum		
Diagnostic & Preventive Services – 2 exams and cleanings per calendar year	\$0 (Deductible waived)	The difference between the total charge and what the plan pays
Diagnostic & Minor Restorative Services	20%	

PREVENTIVE CARE SCHEDULES

Well Child Care (including immunizations)

- ◆ 6 exams, birth to age 1
- ◆ 6 exams, ages 1 - 5
- ◆ 1 exam every 2 years, ages 6 - 10
- ◆ 1 exam every year, ages 11 - 21

Mammography

- ◆ 1 baseline screening, ages 35-39
- ◆ 1 screening per year, ages 40+
- ◆ Additional exams when medically necessary

Adult Exams

- ◆ 1 exam every 5 years, ages 22 - 29
- ◆ 1 exam every 3 years, ages 30 - 39
- ◆ 1 exam every 2 years, ages 40 - 49
- ◆ 1 exam every year, ages 50+

Vision Exams: 1 exam per calendar year

Hearing Exams: 1 exam per calendar year

OB/GYN Exams: 1 exam per calendar year

Notes To Benefit Descriptions

- ◆ Specified preventive services are only covered as part of the PCP visit when rendered at the same time as the exam. The Preventive Care Schedules above must be followed in order for the exam and associated services to be considered preventive.
- ◆ In situations where the member is responsible for obtaining the necessary prior authorization and fails to do so, benefits may be reduced or denied.
- ◆ Home Health Care services are covered when in lieu of hospitalization. Includes infusion (IV) therapy.
- ◆ Members must utilize participating Blue Quality Centers for Transplant hospitals to receive benefits for Human Organ & Tissue Transplant services. This network of the finest medical transplant programs in the nation is available to members who are candidates for an organ or bone



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marrow transplant. A nurse consultant trained in case management is dedicated to managing members who require organ and/or tissue transplants.

* Members are responsible for the balance of charges billed by out-of-network providers after payment for covered services has been made by Anthem Blue Cross and Blue Shield according to the Comprehensive Schedule of Professional Services.

Please refer to the *SpecialOffers@Anthem* brochure in your enrollment kit for information on the discounts we offer on health-related products and services.

This does not constitute your health plan or insurance policy. It is only a general description of the plan. The following are examples of services NOT covered by your TONIK Plan. Please refer to your Subscriber Agreement/Certificate of Coverage/Summary Booklet for more details: Cosmetic surgeries and services; custodial care; genetic testing; hearing aids; refractive eye surgery; services and supplies related to, as well as the performance of, sex change operations; surgical and non-surgical services related to TMJ syndrome; travel expenses; vision therapy; services rendered prior to your contract effective date or rendered after your contract termination date; and workers' compensation.

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